

## **Tangled Twisters**

(grains group)

1/4 tsp. ground cinnamon

2 tbsp. sugar

1 11 ounce package of refrigerated breadsticks

1 tbsp. margarine

1. Preheat oven to 350 degrees. Spray the baking sheet with cooking spray.
2. Open the breadstick package and remove breadsticks. Gently pull or roll each breadstick on the countertop to make a rope of dough about 20 inches long. Shape each rope of dough into a pretzel (call your teacher over to learn how).
3. Place pretzels on prepared baking sheet about 2 inches apart. Bake for 15-18 minutes or until pretzels are light brown.
4. While pretzels are baking, stir sugar and cinnamon in a small bowl. Save until step 6.
5. Completely melt margarine.
6. When pretzels are done baking, brush melted margarine on each one. Sprinkle with cinnamon-sugar mixture.
7. Serve warm and enjoy!